

Serological Detection of the *Thermoactinomyces vulgaris* Antigen in Farmer's lung disease Patients using ELISA method

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ABSTRACT

Serological detection of IgG antibodies to antigens one soil isolate Of thermophilic actinomycetes belonged to the species *Thermoactinomyces vulgaris* in (70) sera of patients with farmer's lung disease and hay fever patients compared with control normal peoples in the same environmental condition were carried out using ELISA method. The results indicated that (19) sera from symptomatic patients having IgG level between (1.007-1.626) I.U/ml, four of them having farmer's lung disease and the remaining have hay fever as diagnosed by clinical . The IgG level between (0.293-0.944) I.U/ml indicated negative and which was found in(16) patients two of them having farmer's lung disease and the remaning have hay fever. The IgG level of normal people were devided in two groups: first account positive control was between (1.089-2.147) I.U/ml and the second account negative was between (0.819-0.959) I.U/ml.

The present study has demonstrated the usefulness of estimation of specific IgG antibodies activity to thermophilic actinomycetes by ELISA for the diagnosis of farmer's lung disease as a screening test of large number of samples with sufficient high sensitivity.

Keyword: *Thermoactinomyces vulgaris*, Antigen, lung disease, ELISA

INTRODUCTION

Hypersensitivity pneumonitis (Hp) is not a uniform disease entity, but rather a complex dynamic clinical syndrome that varies in its initial presentation and clinical course, resulting in the emergence of different patterns of disease over time. Hp has been described as occurring in acute, sub acute and chronic forms. The acute form manifests as recurrent episodes of dyspnoea and cough with fever, chills and malaise occurring about 4-8h after exposure to antigens, and usually resolving within about 24-48h, lung function tests typically show a restrictive defect with reduced gas diffusion and hypoxaemia, and a chest radiography may show alveolar shadowing (Calvert *et al.*, 1999). The chronic form was characterized by the insidious development of dyspnoea and

pulmonary fibrosis in patients that have not experienced acute symptoms.

The subacute form is similar to the chronic form in that dyspnoea develops insidiously, but these patients also have discrete episodes of acute symptoms after antigens exposure. Classification of HP into acute and chronic forms has tended to cause confusion as it is often assumed that there is an inevitable progression from acute to chronic disease if antigen exposure continues (Bourke *et al.*, 2001).

Farmer's lung disease (FLD), the most common form of extrinsic allergic alveolitis is a pulmonary disease with symptoms of dyspnea and cough resulting from repeated exposure to high concentration or prolonged exposure to low concentrations of inhaled antigens from moldy hay or straw, both of which lead to

sensitization and development of this disease. Its diagnosis has most often relied on an array of nonspecific clinical symptoms and signs developed in an appropriate setting, with the demonstration of interstitial marking on chest x-ray, serum precipitins against offending antigens, lymphocytic alveolitis on bronchoalveolar lavage, and or agranulomatous reaction on lung biopsies (Reboux *et al.*, 2001). The thermophilic actinomycetes are responsible for hypersensitivity pneumonitis, an allergic reaction to these agents. This occupational disease occurs in farmers, factory workers, and others who are repeatedly exposed to these agents, there are acute and chronic forms of this disease. Acute hypersensitivity pneumonitis typically symptoms resolve within a day and a continued exposure to the organisms form a chronic disease in which symptoms progressively worsen with subsequent development of irreversible lung fibrosis (Forbes *et al.*, 1998).

The genus *Thermoactinomyces* spp. was one of the earliest known actinomycete taxa that was first proposed with *Thermoactinomyces vulgaris*, the type species of the genus, there was no doubt in recognizing *Thermoactinomyces* species as actinomycetes because of their morphological characteristics of forming aerial and substrate mycelia. *Thermoactinomyces* was thermophilic grows between (45 and 60°C) and forms single spores on both its aerial and substrate mycelia, it is commonly found in damp hay stacks, compost piles and other high-temperature habitate, unlike other actinomycete spores.

Spores of *Thermoactinomyces* spp. are true endospores and very heat-resistant, they can survive at 90°C for more than 30 minutes, they are formed within the hyphae and appear to have typical endospore, gram positive, aerobic and saprophytic chemorganotrophic utilize a range of sugars and are able to degrade various polymeric

substrates (Holt *et al.*, 1994). However, some studies provided evidence that the genus *Thermoactinomyces* spp. should no longer be classified within the order Actinomycetales (Yoon and Park, 2000).

Thermoactinomyces species produce endospores as shown in bacilli and have lower G+C contents than those of actinomycetes. 16sr RNA oligonucleotide sequencing revealed that the genus *Thermoactinomyces* is more closely related to *Bacillus* species than to actinomycetes and should be placed within the family Bacillaceae (Prescott *et al.*, 2008).

Identifying the etiological agents is of primary importance for the immunological diagnosis of this disease. It is also a necessary step in the development of preventive methods. *Saccharopolyspora rectivigula* and *Thermoactinomyces vulgaris* remain the main recognized etiologies of FLD, other bacterial and fungal species have been demonstrated or suspected to play a role in FLD (Reboux *et al.*, 2001).

The aim of this work to estimate the specific IgG antibody using ELISA in sera of patients with farmer's lung disease in farmer's workers compared with hay fever patient's and control people.

MATERIALS AND METHODS

Cohort study was carried out from April 2007 to April 2008 in Iraq (Mosul). Thirty five sera from males and females patients, five of them having farmer's lung disease and thirty with hay fever attending the private clinic in Mosul. Protocol for diagnosis of farmer's lung disease by serology was carried out using IgG ELISA Euroimmun.

Antibody of Thermophilic bacterial antigen belongs to one soil isolate of the species *Thermoactinomyces vulgaris* was carried out as the following:

Preparation of *Thermoactinomyces vulgaris* antigen:

Bacteria was cultured in trypticase soy agar with 2%-Glycerol in pH 7.0 for 3-5 days in 45°C. Bacterial growth was harvested by centrifugation at 3000 cycle for 10 min and washed 2 times with sterile phosphate buffer saline (PBS in pH7.3). Two milliliters of the bacterial pellet was resuspended in 10 ml of PBS. Sonicated (in 24,000 Ampudance/sec) 5 sec. to each cycle between each cycle ½ min. modified from (Kohler *et al.*, 2003).

1-100µL of antigen was dispensed in to desired number of coated wells in to the holder and incubated in 45°C to 24 hours.

2-1:40 diluted of serum negative and positive control was dispensed into the appropriate wells.

3-Incubate at 37°C for 30 minutes.

4- The liquid from all wells was removed at the end of incubation. Wells was rinsed and flicked the microtiter wells 4 times with diluted wash buffer (1x).

5- Liquid from all wells was disposed by trapping it in absorbent paper with the openings facing downwards to remove all residual wash buffer.

6- 100µL of enzyme conjugate (peroxidase-labeled anti-human IgG) was dispensed into each wells and incubated for 30 minutes of room temperature.

7- Wells was washed as described above in step 4.

8- 100µL chromogen (substrate) solution was dispensed into each wells and incubate for 15 minutes at room temperature (protect from direct sunlight).

9- 100µL of stop solution (1N HCl) to stop reaction.

10-Photometric measurement of the O.D was carried at wavelength of 450 nm and reference wave of between 620 nm and 650 nm within 30 minutes after adding the stop solution with amicro wells reaction. Prior to measuring slightly shake the microplate to ensure a homogeneous distribution of the solution.

RESULTS

The cut value of positive results is 1.0 but less than 1.0 indicated

negative results. Specific antibody activities to *Therm. vulgaris* at level between (1.007-1.626) I.U/ml for the group of the patients with symptoms, But level between (0.293-0.944) I.U/ml indicated no antibody in the patient's serum with symptoms in the same group. level between (1.089-2.147) I.U/ml for the control (+) group, but the level between (0.819-0.959) indicate no antibody for the control (-)group.

All patients from the city and age (19-30&31>) for females and males.

Table (1): Titer of antibody to *Thermoactinomyces vulgaris* with their age groups in patients under study

Groups	Titer	Num
4 farmer's	1.007	19
15 hay fever	1.626	
Symptomatic no antibodies (14) hay fever (2) farmer's lung	0.293 0.944	16
Control with antibody +	1.089 2.147	25
Control with no antibody -	0.819 0.959	10
total		70

Patients: 23- female
12- male

DISCUSSION

Hypersensitivity pneumonitis HP can be provoked by adverse array of antigens including bacteria, fungi, animal proteins, avian and chemical (Hanak *et al.* 2007). Geographical, social and occupational factors determine the particular types of HP found throughout the world, because of the great variety and distribution of these antigens, many individuals are exposed to potential causes of this syndrome as part of their occupational, home or recreational environments (Bourke *et al.*, 2001).

There is adverse array of antigens that provoke HP which share certain important characteristics that distinguish them from other antigens that provoke asthma for example, and not all inhaled antigens have the capacity to provoke HP. These characteristics include their size, solubility, particulate nature and their

capacity to provoke a nonspecific inflammatory response and specific immune reaction. Antigens provoking HP are usually 23 μm in diameter and can be inhaled into the distal bronchial tree and alveoli, where they may be cleared via local lymphatic drainage to the hilar nodes, which seems to be important in inducing an immunoglobulin-G type III IgG response (Kaltreider *et al.* 1977). In contrast antigens more typically associated with asthma are larger than 30 μm in diameter and are preferentially deposited in the proximal air way where they tend to provoke an IgE antibody response in a topic subjects (Vandenplas *et al.* 1993).

A single antigen may sometimes produce both types of response and larger particles may reach the alveoli after degradation or being dissolved in lung secretions. The antigens of HP also have powerful adjuvant properties with a capacity to activate complement by the alternative pathway, to stimulate alveolar macrophages and to enhance delayed cellular responses (Yoshizawa *et al.* 1988). The presence of so – called a symptomatic healthy farmers with IgG antibody has been pointed out by several investigators (Barboriak *et al.*, 1973; Banaszak *et al.*, 1974; Konishi *et al.*, 1985 and Bourke *et al.* 2001).

There is a possibility that *Therm. vulgaris* is not necessarily a causative antigen as in the study of (Konishi *et al.*, 1985). Concentration of an antigen rather than the length of period to inhale an antigen may contribute to the development of circulating antibodies of FLD.

The prevalence farmer's lung disease has been reported to range from 10-200 / 100,000 general population and 4-170 /1000 farmers (Hanak *et al.*, 2007) and a characteristic feature of HP is that only 5-15% of subjects exposed to a provoking antigen develop the disease (Bourke *et al.*, 2001). Warren,

1977 showed that antibodies against these thermophilic actinomycetes in particular *Micropolyspora faeni* and sometimes *Thermactinomyces vulgaris* were found in 80% of patients with farmer's lung but they were also found in 20% of healthy farmers, they indicated only exposure to the thermophilic actinomycetes detection of such antibody should be considered as a diagnostic only in the appropriate clinical context. In the study of (Reboux *et al.*, 2001) using enzyme linked immunosorbent assay (ELISA) method, they were found a level of IgG against *Absidia corymbifera* of three times higher in farmers with FLD than in exposed control farmers. Although, asymptomatic exposed individuals also may show elevated levels of antibodies (Kurup *et al.*, 2006). In the study of (Dutkiewicz *et al.*, 2001) using agar-gel precipitation test there is a small differences in the level of IgG antibody to the *Th. vulgaris* antigen in the symptomatic and asymptomatic sawmill worker, It must be clearly distinguished from a number of nonallergic, inflammatory reactions such as late asthmatic reactions, toxic alveolitis and organic dust toxic syndrome, which are also associated with the inhalation of organic dusts.

These reactions typically occur after a single exposure to an unusually high level of organic dust and they may occur in naive subjects without previous exposure, in such toxic reactions, individual susceptibility is less apparent and all subjects that have the same degree of exposure develop a similar clinical illness (Calvert *et al.* 1999). Individual susceptibility is a characteristic feature of an immune-mediated disease such as HP that only a small percentage of those exposed to the antigen develop the diseases in the patients who develop the disease have some susceptibility and the interaction between host and antigen is influenced

by both genetic and environmental factors (Bourke *et al.*, 2001).

CONCLUSIONS

The present study has demonstrated the usefulness of measurement of IgG antibody activity to thermophilic actinomycetes by ELISA for the diagnosis of FLD particularly as a screening test of a large number of samples. The procedure is simple and much less time-consuming than the conventional double immunodiffusion method, and is considered an excellent method with sufficiently high sensitivity. The demonstration of an antibody reaction against the provoking antigen may assist establishing the diagnosis, but such antibody reactions are not present in all cases of FLD and they lack specificity for the disease because they are present in asymptomatic subjects exposed to the antigen.

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ARABIC SUMMARY

التحري مصليا عن مستضد *Thermoactinomyces vulgaris* لدى الفلاحين المتحسسين رئويا في الموصل

باسمىة احمد عبد الله - اسراء غانم السماك - انمار احمد الطائي
قسم علوم الحياة - كلية العلوم - جامعة الموصل

التحري مصليا عن الاجسام المضادة للكلوبيولين المناعي نوع IgG لمستضدات البكتريا الخيطية المحبة للحرارة التابعة للنوع *Thermoactinomyces vulgaris* في (35) عينة من مصول الفلاحين المتحسسين رئويا والذين يعانون من حمى القش ، مقارنة ب (35) عينة سيطرة لاشخاص اصحاء يعيشون تحت نفس الظروف باستخدام طريقة الاليزا .

اوضحت النتائج ان (19) مصل للمرضى الذين لديهم اعراض المرض كان مستوى تركيز IgG بين (25 – 105) وحدة عالمية / سم³ اربعة منهم لديهم اعراض التحسس الرئوي للفلاحين والباقيين لديهم اعراض حمى القش حسب التشخيص السريري للاطباء الاختصاص .

اعتبر تركيز IgG بين (4 – 22) وحدة عالمية / سم³ سالبا والذي وجد في (16) عينة حيث ان اثنين من الفلاحين ظهرت لديهم اعراض التحسس الرئوي والباقيين لديهم اعراض حمى القش ، قسم تركيز IgG للاصحاء الى قسمين اعتبر الاول سيطرة موجب والذي كان بين (28 – 184) وحدة عالمية / سم³ واعتبر الثاني والذي بين (17 – 23) وحدة عالمية / سم³ سيطرة سالب .

اوضحت الدراسة الحالية اهمية تقدير تركيز الكلوبيولين المناعي نوع IgG للتحري مصليا عن مستضد *Thermoactinomyces vulgaris* لتشخيص مرضى التحسس الرئوي للفلاحين كفحص تحري اولي ولعينة واسعة من المرضى .